





Session on Stress free Life was executed for all staff of SSIET on 10.9.2025 at APJ Abdul Kalam Hall. It was conducted by Happy Thoughts Organization Team.


**SHREE SANTKRUPA INSTITUTE OF ENGINEERING
& TECHNOLOGY (B. TECH. & POLYTECHNIC)**
Ghogaon, Tal. Karad, Dist. Satara 415 111
Approved by AICTE New Delhi, Govt of Maharashtra, DTE Mumbai, Affiliated to DBATU Lonere and MSBTE Mumbai.





Session on
"STRESS FREE LIFE"
for Staff




Atul Nigavekar
Satyachary


Sarshree
Tejgyan Foundation (Happy Thoughts), Pune

**10.09.2025**
02:15 PM

**Dr. APJ Abdul Kalam**
Hall, SSIET

श्री संतकृपा

PHARMACY, ENGINEERING, SCHOOL, JUNIOR COLLEGE





